

Volunteer Overseas

Worthwhile Gap Year Experiences

Meaningful Placements & Flexible Dates

Volunteering overseas doesn't have to mean taking a whole year out. Whether you're planning a gap year, you're unsure of what to do after finishing school, or you already know you'll be off to uni and want an adventure for a month or two before the study begins again – volunteering with Projects Abroad is for you! With flexible projects and no set start or end dates, there's no need to try and fit yourself into a programme – our projects run all year, so we can tailor it to suit you!

Why Volunteer Overseas

Volunteering overseas is travel with a purpose. It gives you the chance to see the world from a local perspective and become a part of the fabric of the community. Completely immersing yourself in another culture and truly experiencing life there is something that will stay with you forever. Not only will you get to know the locals, you'll make friends with fellow volunteers from all over the globe!

Volunteering teaches you about the world, other cultures and yourself. You find confidence, a different perspective, and often a new direction. Taking the step to volunteer helps you to become more independent and adapt quickly to new situations. These are skills you'll always find useful and which universities and employers value.

Although you will benefit greatly from this experience, so will those you help. Joining any of our worthwhile projects means you are making a valuable and ongoing contribution to the community or environment you work within. Whether you are teaching children their ABCs or helping to rehabilitate animals back into their natural habitat; you are making a positive impact in the developing world. There really is no greater feeling than giving!

Projects Abroad

Recruiting volunteers from around the world, Projects Abroad sends thousands of volunteers away each year to a wide array of projects across the developing world. Founded in 1992, Projects Abroad operates in 30 developing countries and supports over 1000 unique projects, from humanitarian-based projects such as Care, Teaching, Conservation and Human Rights to internships in Law, Journalism and Medicine. Projects Abroad offers safe, sustainable, constructive and worthwhile projects, which allow volunteers to make a positive impact and form a genuine connection to the community or environment in which they work.



Teach English in the Sacred Valley of Peru



Protect marine ecosystems on a tropical Cambodian island

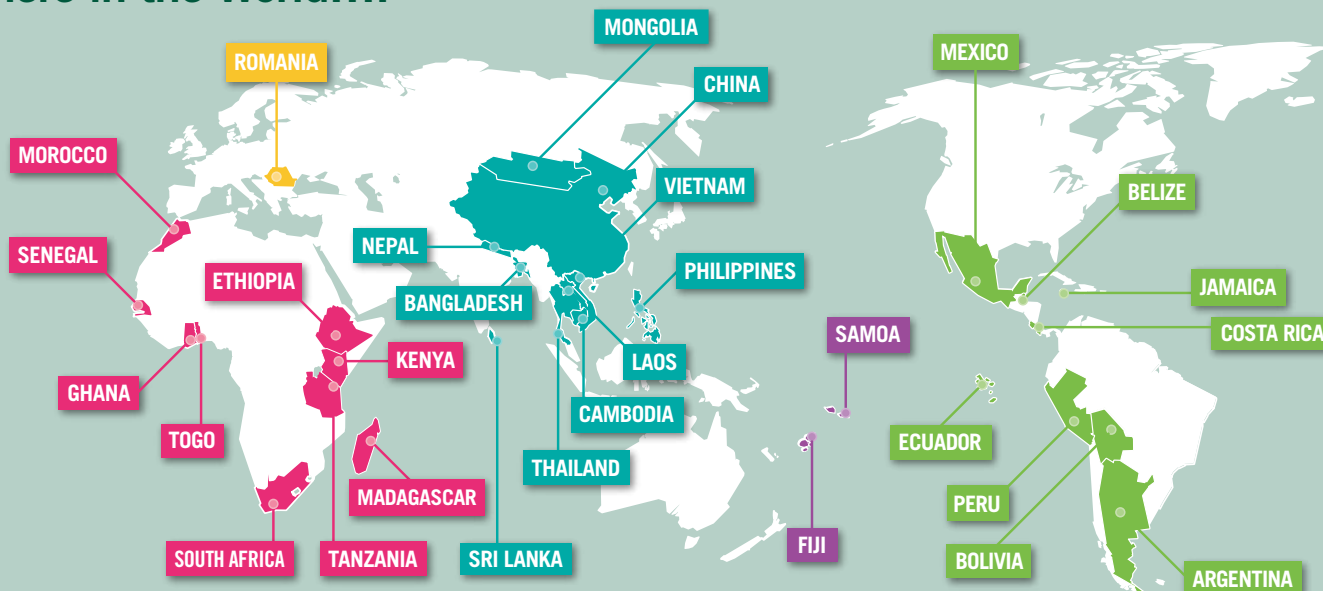


Build permanent housing in South African townships



Support and care for disadvantaged children in Sri Lanka

Where in the World....



What – A World of Opportunities

With over 1000 volunteer placements in more than 30 developing countries, deciding what to do can be a daunting process! Past school leavers have helped to conserve the Amazon rainforest in Peru, built classrooms for school children in Ghana, cared for children with disabilities in Vietnam, and taught English in Kenya. They've learnt about medicine in Nepali hospitals, developed journalism skills in Togo, and empowered local communities through

human rights work in South Africa. Whatever experience you are after, you are certain to find a project to suit your skills and interests.

Alongside volunteering, there is the opportunity to explore the country at the weekends with fellow volunteers. You can visit the mystical temples of Angkor Wat in Cambodia, the Serengeti National Park in Tanzania or laze under the palm trees in Samoa.

Why Projects Abroad

Projects Abroad, founded in 1992, is a well-established global organisation arranging placements for over 10,000 volunteers from around the world annually. Volunteering with Projects Abroad gives you the opportunity to discover the world with a purpose within a supportive environment. We provide you with:

✔ **Support & Independence** – in every country we employ full-time local staff who are there to ensure you're safe, supported and happy. Along with the other volunteers working at the placements and the host family network; we provide a soft landing and a supportive environment in which you can use your initiative and creativity whilst learning to be a safe and resourceful traveller.

✔ **Worthwhile Projects** – you do work that matters. All of our projects are designed to ensure that your impact as a volunteer is both positive and sustainable, whether in schools or children's homes, conservation or construction projects – your contribution is worthwhile.

✔ **Flexibility** – our all-year-round support of placements means you can choose when you want to start and also how long you would like to volunteer for, from one month to six.

✔ **Value** – our project fees include travel insurance, accommodation, all meals and 24/7 staff support. We are an entirely volunteer-funded organisation, so the project fee supports both the volunteers and worthy projects across the developing world.

✔ **A Personal Challenge** – travelling with a purpose is a challenge, one which brings the best out of people and develops vital life skills such as leadership, patience, perspective and the importance of a sense of humour.

✔ **A Constructive, Memorable and Enjoyable Experience** – you will gain the rewards of volunteering, make friends from all round the world and have the opportunity to safely explore fascinating countries. A meaningful and educational way to step out into the world.

Emma K

Wilderness School, SA

After completing school, Emma volunteered in Tanzania on Teaching and Medicine projects. She planned to study medicine and the Medicine internship helped prepare her for this, while the Teaching gave her a very different connection to the local community.

'My time in Tanzania was incredible. I spent 3 months teaching in a school and 2 months in a hospital - challenging and inspiring experiences! Volunteering was an indescribable experience that changed me in ways I could not imagine; I made wonderful friends along my journey and found a second home in such a brilliant country.'

James T

Brighton Grammar School, VIC

James's time volunteering in Peru was split between the Conservation Project in the Amazon Jungle and the Incan and Wari Archaeology Project in the Sacred Valley. Volunteering helped James to develop as a person through meeting new people, living in a new culture and throwing himself into a variety of unique challenges.

'I spent two months volunteering in Peru on a pioneering Conservation programme deep in the Amazon rainforest. Living with a group of volunteers in a remote reserve, I helped in scientific studies, developing sustainable farming techniques, trail maintenance and at an animal rescue centre rehabilitating monkeys back into the wild.'

Project Facts

Duration: From 2 weeks and upwards.

Start dates: Flexible! Volunteers can start at any time.

Accommodation: Mixture of host families and shared accommodation.

Cost: From \$AU2290/\$NZ2590 for 2 weeks.

Included: Accommodation, meals, full medical and travel insurance, transport to and from placement where needed, 24/7 in country support, project development costs, pre-departure support and advice, airport transfers.

Excluded: Flights, visa, vaccinations, background checks, spending money.

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